



Join Us for the 8th Annual Concerned Persons for Adoption (CPFA) Mini-Conference

For Youth ages 7-13 and their Parents/Caregivers

Saturday, October 19, 2019: 9:00 AM – 2:00 PM

(Doors open at 8:30 AM for registration and light breakfast)

www.cpfanj.org



West Orange Presbyterian Center

20 Old Indian Road, West Orange, NJ 07052

Our half day series of workshops are open to pre-adoptive parents, adoptive parents, foster parents, foster children and adoptees.

Topics include:

Emotion Regulation: Building Healthy Coping Strategies

Talk to your Kids about Difficult History

Verbal Diffusion and Defensive Skills

Three Steps to Reduce Anxiety and Stress Workshop

"Can we Talk?" Parents Only Discussion

Identity Tree (for kids)

Pawsitive Involvement with Animals (for kids)

Verbal Diffusion and Defensive Skills (for kids)

Mandala Art Project (for kids)

Sensory Stations and More!

Visit www.cpfanj.org for registration and workshop details.

Space is limited so please register early!

FREE for current CPFA members, \$25 fee per family for non-members.*

This fee will entitle your family to one year of CPFA membership.

****The conference includes a continental breakfast. A pizza lunch will be offered at a minimal cost. Lunch and networking session available at the end of the day to meet and speak with professionals and other parents and adoptees on a more intimate level. To register visit www.cpfanj.org.***

For more information, please contact Carolyn Bosa, Conference Coordinator at ckbosa@comcast.net.